



**Tennis Centre, Priory Road, Ulverston
(opposite the Old Farmhouse)**

Tuesdays (Term time only)

2.00-3.00pm

Walking Netball is a slower version of the game; it is netball, but at a walking pace. The game has been designed so that anyone can play it regardless of age or fitness level. From those who have dropped out of the sport due to serious injury, to those who believed they had hung up their netball trainers many years ago, it really is for everyone. Come along have fun, make new friends and keep fit.

To book a place or to find out more please contact Hannah Paling on
01229 581123 or hannah.paling@gll.org

A suggested donation of £2.50 would be gratefully received.

