

Alzheimer's Society Virtual Dementia Cafe

Cumbria

February 2021 – June 2021



Relaxed and fun virtual meetings for people with dementia and carers who live in the community. Alzheimer's Society Dementia Café provides an opportunity to meet with other people in a similar situation and to share experiences, have a laugh, access information.

These are held using Zoom video conferencing over the Internet. You can join us virtually on any of the following dates and times. For further details and the joining link, give us a call on 01228 819299

VIRTUAL CAFÉ TIME AND DATES

2.30pm to 3.30pm

Tuesday 16th February
Tuesday 16th March
Tuesday 20th April
Tuesday 18th May
Tuesday 15th June

OTHER ALZHEIMER'S SOCIETY SERVICES

We are also running regular video call Singing for the Brain sessions to help you and us to stay in touch with each other while enjoying a supported activity and social space.

And one to one telephone support to provide information or problem solving whenever new queries or situations arise.

Our team are working from home so to reach us please leave a message on 01228 819299 or send an email to cumbria@alzheimers.org.uk both of which are being checked regularly throughout the day. We will come back to you.

Evening and weekend support is also available via Alzheimer's Society Dementia Connect Support Line on 0333 150 3456 and our web site www.alzheimers.org.uk including an extensive advice section and a community discussion forum named Talking Point.

Telephone: 01228 819299 Email: cumbria@alzheimers.org.uk