

Cark Lunch Club

12:30 PM

Every 4th Friday of the Month

The Pheasant Inn,
Allithwaite Road,
Allithwaite,
Grange-over-Sands,
LA11 7RQ

Have you considered joining the
Cark Lunch Club?

Enjoy a catch up with friends &
enjoy a freshly-cooked meal on
the fourth Friday of every month!

If you are interested in joining
please contact –
Suzanne Ambrose
our Social Engagement Officer

Supporting the Local Community



Lunch Club Dates

- 26 Jan - 2024
- 23 Feb - 2024
- 22 Mar - 2024
- 26 Apr - 2024
- 24 May - 2024
- 28 Jun - 2024
- 26 Jul - 2024
- 30 Aug - 2024 *
- 27 Sep - 2024
- 25 Oct - 2024
- 22 Nov - 2024
- 13 Dec - 2024
- * 5th Friday

Social Engagements Officer

Suzanne Ambrose

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Age UK South Lakeland

17 Finkle Street

KENDAL

Cumbria, LA9 4AB