

Wellbeing Café Welcome Volunteer

<p>What is a Wellbeing Cafe?</p>	<p>Our wellbeing café runs once a month and is free to attend. It is open to everyone and provides a space for people to grab a brew, a snack and take part in some creative tasks, games and activities if they like, as well as connecting with others.</p>
<p>What will I be doing?</p>	<p>We are looking for volunteers who can welcome people to our wellbeing café, get them set up and settled in. Volunteers will help people feel comfortable and support them in any activities they would like to do. Including making sure refreshments are topped up and everyone has a brew!</p>
<p>Where is it based?</p>	<p>The role will be based at Greatwood and Horseclose Community Centre, Community Centre, North Parade, Skipton, BD23 2SR.</p>
<p>How much time will I need to commit?</p>	<p>The café runs on the first Wednesday of every month between 1pm and 3pm.</p> <p>Due to set up and clear down, volunteers need to be able to attend from 12.45pm till 3.15pm.</p> <p>There may be an opportunity to do more sessions in a month if there is enough need, but this can be discussed later if you able to volunteer more.</p>
<p>What skills do you need?</p>	<p>We would like someone that is passionate, friendly and willing to get stuck in. You just need to be able to talk to others and be a friendly face for those attending.</p>
<p>What's in it for me?</p>	<p>This role will really help to improve your confidence and you get to socialise with others. Volunteering is great for your own mental health and wellbeing.</p> <p>You will gain an understanding of how to run community activities and may also find an activity you really enjoy too!</p> <p>The role can be completed around school pick up times and is a great way to give something back to the community.</p> <p>We will also cover your travel expenses so you are not out of pocket when volunteering.</p>

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<p>What training will I be given?</p>	<p>You will be given standard Yorkshire Housing volunteer training, which will include safeguarding, confidentiality, health and safety and boundaries.</p> <p>You will be given a full site induction and an induction from our Volunteering Development Officer.</p>
<p>Do I need a DBS check?</p>	<p>Yes, the role will require you to undertake a standard DBS check. We will sort this for you.</p>
<p>How old do I need to be?</p>	<p>Due to the nature of the role, as you will be supporting potentially vulnerable members of the community, you must be over the age of 18.</p>
<p>Do I need any references?</p>	<p>This role doesn't require you to provide us any references</p>
<p>What support will I get?</p>	<p>You will be supported by members of staff and volunteers that run the group activities at all times.</p> <p>You will also have further support from Yorkshire Housing's Volunteer Development Officer and get regular check ins and access to any volunteer social events.</p>
<p>What to do if you'd like to help</p>	<p>If you want more information, please email volunteering@yorkshirehousing.co.uk or call 07881261300.</p> <p>If you are ready to apply, then you can go straight to our online form by scanning the QR code and tell us all about yourself!</p> 