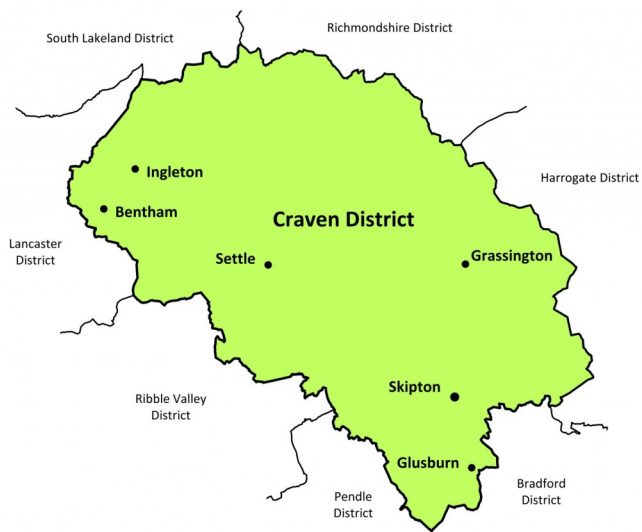


Day	Name of service	Further information
Monday to Friday: 9am to 4pm	Local Helpline: 03300 578592	Free, confidential information and support
Tuesdays: 10am to 3pm	Tuesday Hub Club , Neville Crescent Common Room, Neville Crescent, Gargrave, Skipton BD23 3RH	A day service for people living with dementia. £45 per day. Call our Helpline to register your interest.
Tuesdays: 1.30pm to 3.30pm	Time Together Tuesday , St John's Church, Church Lane, Settle BD24 9JH	A wellbeing café for people living with dementia and their carers. £3 per person.
Wednesdays: 1pm to 3pm	Welcome Wednesday , Three Links Club, Oddfellows Hall, Rectory Lane, Skipton, BD23 1ER	A wellbeing café for people living with dementia and their carers. £3 per person.
Thursday: 10am to 3pm	Time Out Together Starting February 2024	Young Onset Dementia Social Group
Fridays: 10am to 3pm	Friday Hub Club , Limestone View Lower Greenfoot, Settle BD24 9FH	A day service for people living with dementia. £45 per day. Call our Helpline to register your interest.



**Dementia
Forward**

Care and Support for Life



**Dementia Forward
Support Services in the
Craven District**

**For further information,
please call the
Dementia Forward Helpline**

**03300 578592 or visit
www.dementiaforward.org.uk**

Registered Charity No: 1148225

