

BETTER DAYS

Peer-support group for women living with long-term pain conditions.

Every 1st Wednesday of the month. 1.00pm - 2.30pm.



Join our monthly support group for women living with MSK conditions and chronic pain. Receive support and socialise with others whilst learning about your pain, and other topics through various information and guest speakers.

**The Place in Settle
11 Commercial Courtyard,
Off Duke Street, Settle
BD24 9RH**

Contact The Place for more information on 01729 824868.



The Place

