



“People
start to heal
the moment
they feel
heard”

Cheryl Richardson

CRAVEN

**Peer support groups for
anyone living with depression**

**Come along and join us –
a friendly, confidential space where
you can talk and feel supported**
(followed by refreshments)

**Facing
Depression
Together**

PeerTalk

Find out more at:

- 📞 07719 562 617
- 🌐 peertalk.org.uk
- 🐦 @peer_talk
- 📘 @peertalk1
- ✉️ [enquiries@
peertalk.org.uk](mailto:enquiries@peertalk.org.uk)

EVERY MONDAY
7.30pm – 9.00pm

The Hub
Skipton Town Hall
High Street
Skipton BD23 1AH

EVERY TUESDAY
7.30pm – 9.00pm

The Folly
Victoria Street
Settle
BD24 9EY