



Happier and Healthier Sunday Fun Day!

Join in the fun with...

- Games, sports and crafts
- Bouncy castles and a ball pool
- Health and wellbeing check-ups
- Yoga demonstrations
- Information stalls
- **And lots more!**



Sunday 3rd November 2019

FREE event for all the family
from **10am - 3pm**

at **Kendal Leisure Centre**
LA9 7HX



@KendalLeisureCentre



@KendalICC

