Are you caring for someone you love?

Let us look out for you!

Do you regularly help a partner, parent, relative or friend with appointments, shopping, medication, daily tasks or just being there? You may be a carer, and there's support for you too.





What we can help with:

- Someone to listen
- Help finding the right support
- Information on benefits
- Help with local services
- Community, activities and trips

We enable people to live a life of their choosing

Reach out to us for a chat:

01228 522448 | enquiries@glenmore.org | glenmore.org

THE Glenmore TRUST