



POSCH is an adult support group for parent/carers of special children with additional needs.

There is no requirement for a diagnosis of your child to attend these groups.

Each session offers a supportive environment to share and explore lived experiences, empower and network sources of support.

During the group you are invited to try easy crafts to distract from the daily overwhelm or just come for the company - no pressure to craft!

Information regarding accessible online information/ courses/ guest speakers are regularly shared.

Please reach out if you would like a call before joining us at one of our groups, but you are welcome to just turn up. No booking, no commitment, just an open door and a warm cuppa waiting for you.

☎ 01609 780458
🌐 www.hambletoncommunityaction.org
✉ reception@hambletoncommunityaction.org
Charity Number: 1164895



UPCOMING EVENTS SCHEDULE

THIRSK

5TH JUN, 3RD JUL, 31ST JUL,
4TH SEPT, 2ND OCT, 6TH NOV, 4TH DEC
FAMILY LIFE CHURCH, FINKLE STREET, THIRSK, YO7 1DA

BEDALE

11TH JUN, 9TH JUL, 10TH SEPT, 8TH OCT, 12TH NOV, 10TH DEC
BEDALE HALL, NORTH END, BEDALE, DL8 1AA
PICNIC IN THE PARK 13TH AUG CHILDREN WELCOME

RICHMOND

18TH MAY, 17TH AUG,
14TH SEPT, 12TH OCT, 16TH NOV, 14TH DEC
RICHMOND LIBRARY, 10A QUEENS ROAD, RICHMOND, DL10 4AE

NORTHALLERTON

14TH MAY, 25TH JUNE, 24TH SEPT, 22ND OCT, 26TH NOV
FAMILY SESSION 27TH AUG CHILDREN WELCOME
MENCAP, THE GOSECROFT CENTRE,
GOSECROFT LANE, NORTHALLERTON, DL6 1EG
16TH JULY- POSCH ON TOUR - DETAILS TO FOLLOW

All sessions 10am-12pm.
Adults only unless stated above.