

Active Coffee Club



Tuesday
10:00am-12:00pm

Supporting the Local Community

All are welcome to meet up, sit for a couple of hours, enjoy a coffee, and take part in a quiz, a game of bingo, or even some gentle chair based exercise.

To book a place or find out more please call 01229 831425 or email jjoel@ageukbarrow.org.uk



The Drill Hall, 21 Nelson Street, Dalton-in Furness, LA15 8AF